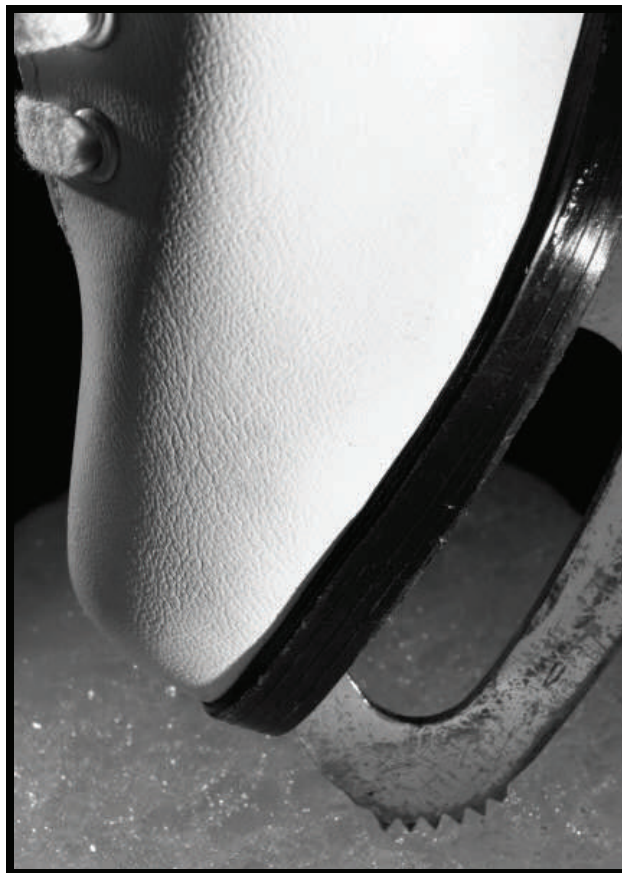


Nashoba ISI
30th Annual
TEAM COMPETITION



April 23 & 24, 2010
Boxborough, MA

NASHOBA VALLEY OLYMPIA
ISI SKATING SCHOOL
 P.O. Box 793, Acton, MA 01720

DUE DATE: _____



INDIVIDUAL ENTRY FORM
April 23 & 24, 2010

Name _____ Age as of April 23, 2010 _____ Birth Date _____
 Address _____ ISI Membership # _____ Exp. Date _____
 City, State, ZIP _____ USFSA Test Level: Figure _____ Freestyle _____
 Telephone () _____ Sex _____ Endorsement # 1 _____
 Team Name _____ Phone _____

Are you an active USFS member that has competed at or above the Novice level at the USFS National Championships

I wish to Compete in:

<p>▶ Check One _____ PreAlpha _____ Gamma _____ Alpha _____ Delta _____ Beta</p>	<p>▶ Rythmic (FS1-10) Level ____ Circle: Ball Ribbon Hoop ▶ Open Freestyle-Bronze __ Silver __ Gold __ Platinum __ ▶ Solo Compulsories: Level ____ (FS1-10) ▶ *Couples: Level _____ (select one) _____ Similar _____ Mixed ▶ Couples Spotlight: _____ Low _____ High ▶ *Pairs: Level _____ * partner must also send separate individual entry form Partner _____ ISI# _____ Age _____ Sex _____</p>
<p>▶ Freestyle: (FS1-10) Level _____ ▶ Stroking: (Pre-Alpha- Delta) Level _____ ▶ Interpretive: (FS1-10) Level _____ ▶ Artistic Solo: (FS1-10) Level _____ ▶ Spotlight Solo: (Alpha-FS10) Level _____ ▶ Family Spotlight _____ (Also fill out Team form) ▶ Footwork: (FS1-10) Level _____</p>	

Entry Fees:

▶ _____ Pre-Alpha—Delta Single Entry, \$30.00 (First Family Member)
▶ _____ Freestyle 1-9 Single Entry, \$40.00 (First Family Member)
▶ _____ Family entry, \$50.00 (Covers all family members' first entry)
▶ _____ Additional Events, \$15.00 each.
▶ _____ Judges' Fee
\$ _____ Total Fee Enclosed (We reserve the right to limit the number of entries)
<i>There will be no refunds and no late entries allowed.</i>

Turn in ENTRY FORM and CHECKS to Team Coach. All applications and one team check will be forwarded to Nashoba Valley Olympia by your Team Coach by 3/21/10. Make Team Checks Payable to Nashoba Valley

I skate at this competition at my own risk for _____ (Name of Team), and hereby release the host rink and their personnel from all liability.

Signature of Skater _____ Date _____
 Parent or Guardian _____ Date _____

I declare the information above is true, that his skater's test(s) is/are registered, that the skater is a current member of ISI, and is skating in the proper categories and level.

Team Coach _____ Phone _____

Please double check this form, as no changes will be allowed after the form is received.

Tentative Schedule
Nashoba Valley ISI Team Competition
April 23 & 24, 2010

Friday

4:00 pm Couples/Pairs
Interpretive
Spotlight
Couples Spotlight
Footwork
Solo Compulsories
Team Compulsories
Adults Freestyle and Artistic

Saturday

8:00 am Stroking
Alpha-Delta
Freestyle
Artistic
Open Freestyle
Rhythmic Skating
Production
Synchronized Skating

Schedule subject to change due to entries.

NASHOBA VALLEY ISI COMPETITION

Solo Compulsories

½ SHEET

FREESTYLE 1

2 foot spin
Waltz jump
Spiral

FREESTYLE 2

1 foot spin
½ lutz
Ballet Jump

FREESTYLE 3

Change foot spin
Sal Chow
Back pivot

FREESTYLE 4

Sit Spin
Flip
Loop

FREESTYLE 5

Camel spin
Lutz
Axel

FULL SHEET

FREESTYLE 6

Combination Spin
Double Sal Chow
Split Falling Leaf

FREESTYLE 7

Flying Camel
Double Toe Loop
Wallies

FREESTYLE 8

Flying Sit Spin
Double loop
Double flip

FREESTYLE 9

Flying camel/jump sit
Double Lutz
Double Axel

HOTEL INFORMATION

**Host Rink: Nashoba Valley Olympia
Route 111
(34 Massachusetts Avenue)
Boxborough, MA 01719**

Holiday Inn Boxborough
Route 111
Boxborough, MA 01719
978-263-8701

Concordian Motel
Route 2
Acton, MA 01720
978-263-7765

Best Western
Elm Street
Concord, MA
978-369-6100

Holiday Inn Express
121 Coolidge Street
Hudson, MA
978-562-1001

Comfort Inn
880 Donald Lynch Blvd.
Marlboro, MA
877-424-6423

Residence Inn by Marriott
112 Donald Lynch Blvd.
Marlboro, MA
888-236-2427



Nashoba Valley ISI

Box 793

Acton, MA 01720

JUDGES INQUIRY FORM

Judges Name _____

Please circle ISI Rating: Gold Silver Bronze

I will be available to judge anytime on Friday and Saturday unless noted below:

I declare that the above information is true, and that I am an Associate Member in good standing with the ISI.

Judges Signature _____ ISI Associate # _____

Address _____ Phone _____

Judges Name _____

Please circle ISI Rating: Gold Silver Bronze

I will be available to judge anytime on Friday and Saturday unless noted below:

I declare that the above information is true, and that I am an Associate Member in good standing with the ISI.

Judges Signature _____ ISI Associate # _____

Address _____ Phone _____

I agree to send one rated judge for every 10 competitors.

Team Coaches signature _____ Phone _____

Address _____

Team Name _____

**Directions to Nashoba Valley Olympia
Route 111 (34 Massachusetts Avenue)
Boxborough, MA 01719
978-263-3044**

From the North: Take Route 495 So. To Route 111 (Boxboro/Harvard) exit. Take a right off the exit ramp toward Boxboro. Nashoba Valley Olympia is on your right just before the Acton town line.

From the South: Take Route 495 No. to Route 111 (Boxboro/Harvard) exit. Take a left off the exit ramp toward Boxboro. Nashoba Valley Olympia is on your right just before the Acton town line.

From the East: Take Route 2 West to the Acton Route 111 exit (exit is on left). Stay on Route 111 thru Rte 27 traffic light and W. Acton center lights. Nashoba Valley Olympia is on your left about 1 mile from last set of lights, just over the Acton town line into Boxborough.

From the West: Take Route 2 East to Route 495 South. Then follow directions from the North above.

NASHOBA VALLEY OLYMPIA OFFERS:

KARL'S CAFÉ: A full service snack back offering home made soups, fresh fruit and salads, sandwiches, specials as well as the usual rink fare.

SKATER'S SECRET: A gem of a boutique carrying many skating and non-skating related gift items. Clothing is available from Bear Hill sports, Del Arbour, Freida B, Imperial Sportswear, JumpN'Style Skatewear, and SeKu. We also carry specialty, one of a kind works made by local artisans such as stained glass, soaps, scarves, jewelry, blade covers, etc. Be sure to stop by for a relaxing and unique shopping experience. Call for store hours 978-635-3437.

BOSTON ICE SKATES: New England's premiere ice skating supply source, figure and hockey skates, expert sharpening and skate related supplies. Skates from Jackson, Reidell, SP Teri, and Harlick (in stock and by order). Proudly offering Zuca bags in multiple colors. Boston Ice Skates is New England's number one stop for skates and related skating supplies (skate guards, soakers, hockey tape, gloves, etc.) Come into the store during ISI Districts Champs and receive a free fitting and up to 20% off boots and blades. Receive a one of a kind **free gift** with any purchase of new or used boots or blades. Appointments available. 978-264-4600.